



# Newborn Baby Checklist

## Clothes:

- ✓ 7 vests or bodysuits
- ✓ 7 sleep-suits
- ✓ 3 socks or booties
- ✓ 2 baby hats or bonnets
- ✓ At least 1 sweater (you need to increase the number if your baby is born in winter)
- ✓ 5 pieces of soft muslin cloth (to wipe when your baby burps out milk)
- ✓ 5 Bibs

## Miscellaneous stuff:

- ✓ Diapers
- ✓ Wet wipes
- ✓ Nappy/ Rash cream
- ✓ Baby bath stand (fabric or plastic)
- ✓ Baby Massage oil
- ✓ Baby lotion
- ✓ Baby shampoo
- ✓ Soft sponge
- ✓ 2 baby towels

## If you plan to **Breastfeed**:

- ✓ 2-3 nursing bras

### *Optional:*

- ✓ Breastfeeding Pillow
- ✓ 1 Breast pump (manual or electric) & 2 feeding/storage bottles (if you plan to express/store your breast milk)
- ✓ 7-8 breast pads

## If you plan to **Bottle-feed**:

- ✓ 3-4 feeding bottles
- ✓ Brush to wash bottles
- ✓ Bottle sterilizer (machine or liquid) (you can also boil the bottles)
- ✓ Formula milk

**For Traveling:**

- ✓ Pram/ Stroller
- ✓ Carry cot
- ✓ Car seat
- ✓ Baby Bag

**For Nursery:**

- ✓ Cot/ Crib with mattress
- ✓ Changing table or mat
- ✓ Closet/ chest of drawers (for storage)
- ✓ Fitted crib sheet (at least 4)
- ✓ Baby blanket
- ✓ Night bulb
- ✓ Baby monitor (optional)